

HORARIO DE ACTIVIDADES

#VIVAGYMUNIVERSITAT



INICIO: ABRIL 2022

| EST | INICIO / FIN | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-----|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| E2 | 07,00 / 07,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 07,15 / 07,45 | TBC | BODY COMBAT | BODY PUMP | PILATES | GAP | | |
| E2 | 08,15 / 09,00 | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | | |
| E1 | 08,15 / 09,00 | | BODY PUMP | VIVA YOGA | | BODY COMBAT | | |
| E2 | 09,15 / 10,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 09,15 / 10,00 | BODY PUMP | PILATES | GAP | ZUMBA | | PILATES | |
| E1 | 09,15 / 09,45 | | | | | TBC | | |
| E1 | 10,15 / 10,45 | HYDROXWOD | BODY PUMP | PILATES | | | | |
| E2 | 10,15 / 11,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 10,15 / 11,00 | | | | | | BODY PUMP | |
| E2 | 11,15 / 12,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL |
| E2 | 12,15 / 13,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 13,15 / 14,00 | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 13,15 / 14,00 | PILATES | | BODY PUMP | GAP | | | |
| E1 | 13,30 / 14,00 | | | | | BODY COMBAT | | |
| TOS | 13,30 / 14,00 | POWERWOD | | | | | | |
| E2 | 14,15 / 15,00 | | | CYCLING LIFE | CYCLING LIFE | | | |
| E1 | 14,15 / 15,00 | BODY PUMP | VIVA YOGA | BODY COMBAT | ZUMBA | BODY PUMP | | |
| E2 | 15,15 / 16,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 17,15 / 18,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 17,15 / 18,00 | GAP | TBC | BODY PUMP | VIVA YOGA | PILATES | | |
| TOS | 17,30 / 18,00 | | | HYDROXWOD | | | | |
| E2 | 17,30 / 18,00 | HIIT CYCLING | | | | | | |
| TOS | 18,00 / 18,30 | | POWERWOD | | | | | |
| E2 | 18,15 / 19,00 | | | | CYCLING LIFE | | | |
| E1 | 18,15 / 19,00 | VIVA YOGA | BODY PUMP | BODY COMBAT | GAP | ZUMBA | | |
| E2 | 18,30 / 19,15 | | CYCLING LIFE | CYCLING VIRTUAL | | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| TOS | 18,30 / 19,00 | POWERWOD | | | | | | |
| E1 | 19,15 / 20,00 | BODY COMBAT | ZUMBA | PILATES | BODY PUMP | | | |
| E1 | 19,15 / 19,45 | | | | | GAP | | |
| E2 | 19,30 / 20,15 | CYCLING LIFE | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 20,15 / 21,00 | BODY PUMP | BODY COMBAT | ZUMBA | PILATES | | | |
| E2 | 20,30 / 21,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| TOS | 20,30 / 21,00 | HYDROXWOD | | | | | | |
| E2 | 20,30 / 21,00 | | HIIT CYCLING | | | | | |
| E1 | 21,15 / 21,45 | PILATES | GAP | POWERWOD | BODY COMBAT | | | |

VIVAGYM PLATINO MEJORA TU CUOTA

34'90 €/MES

¡SIN PERMANENCIA!



ENTRENA CON UN/A AMIGO/A DE VIERNES A DOMINGO



ACCESO MULTICENTRO + PASAPORTE IBÉRICO*



RESERVA CON 48H DE ANTELACIÓN



ACCESO AL 100% DEL CONTENIDO ONLINE



ACTIVIDADES EXCLUSIVAS



SERVICIO DE NUTRICIÓN PRÓXIMAMENTE



*Acceso permitido a todos los centros VivaGym (España) y Fitness Hut (Portugal), gracias al 'Pasaporte Ibérico'.



- VIVAGYM TIENE TODOS LOS DERECHOS RESERVADOS, Y SE RESERVA CUALQUIER MODIFICACIÓN DEL HORARIO POR MOTIVOS EXTERNOS.
- ES OBLIGATORIO TENER DOS TOALLAS PARA ACCEDER A LAS AADD
- NO SE PODRÁ ACCEDER A LA SALA UNA VEZ EMPEZADA LA SESIÓN.

CYCLING LIFE

TONIFICACIÓN

CYCLING VIRTUAL

CARDIO

COREOGRAFIADAS

CUERPO-MENTE

FUNCIONAL

CLASES XPRESS

DESCARGA EL HORARIO ESCANEANDO EL CÓDIGO QR



#VIVAGYMUNIVERSITAT

RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL