

HORARIO DE ACTIVIDADES

#VIVAGYMSEVILLA



INICIO: 18 DE ABRIL

| EST | INICIO / FIN | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-----|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| E2 | 07,30 / 08,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 07,30 / 08,00 | GAP | BODY PUMP | BODY COMBAT | BODY PUMP | | | |
| TOS | 08,10 / 08,25 | ABS XPRESS | ABS XPRESS | ABS XPRESS | ABS XPRESS | | | |
| E2 | 08,30 / 09,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 08,30 / 09,15 | BODY PUMP | BODY COMBAT | GAP | BODY COMBAT | BODY PUMP | | |
| E2 | 09,30 / 10,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 09,30 / 10,15 | PILATES | BODY PUMP | PILATES | ZUMBA | BODY COMBAT | | |
| E1 | 10,30 / 11,15 | BODY COMBAT | VIVA YOGA | ZUMBA | BODY PUMP | BODY BALANCE | BODY PUMP | |
| E2 | 10,30 / 11,15 | | CYCLING LIFE | | CYCLING LIFE | | | |
| E2 | 10,30 / 11,15 | CYCLING VIRTUAL | | CYCLING VIRTUAL | | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 11,30 / 12,00 | ZUMBA | BODY COMBAT | BODY PUMP | | | | |
| E1 | 11,30 / 12,15 | | | | VIVA YOGA | | | |
| E2 | 11,30 / 12,15 | CYCLING LIFE | | CYCLING LIFE | | CYCLING LIFE | CYCLING LIFE | |
| E2 | 11,30 / 12,15 | | CYCLING VIRTUAL | | CYCLING VIRTUAL | | | CYCLING VIRTUAL |
| TOS | 12,05 / 12,20 | ABS XPRESS | ABS XPRESS | ABS XPRESS | | | | |
| E2 | 12,30 / 13,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | CYCLING VIRTUAL |
| E2 | 14,00 / 14,45 | | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 14,15 / 14,45 | | GAP | BODY COMBAT | BODY PUMP | | | |
| E2 | 14,15 / 14,45 | HITCYCLING | | | | | | |
| E1 | 15,00 / 15,30 | BODY PUMP | BODY BALANCE | BODY PUMP | BODY BALANCE | | | |
| E2 | 15,30 / 16,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 17,15 / 18,00 | VIVA YOGA | PILATES | BODY PUMP | BODY COMBAT | | | |
| E2 | 18,00 / 18,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 18,15 / 19,00 | ZUMBA | TBC | VIVA YOGA | BODY PUMP | BODY COMBAT | | |
| TOS | 19,05 / 19,20 | ABS XPRESS | ABS XPRESS | ABS XPRESS | ABS XPRESS | | | |
| E2 | 19,00 / 19,45 | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 19,15 / 20,00 | BODY PUMP | ZUMBA | BODY COMBAT | PILATES | BODY PUMP | | |
| E2 | 20,00 / 20,45 | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | | | |
| E2 | 20,15 / 21,00 | | | | | CYCLING LIFE | | |
| TOS | 20,05 / 20,20 | GLÚTEO XPRESS | ABS XPRESS | ABS XPRESS | GLÚTEO XPRESS | | | |
| E1 | 20,15 / 21,00 | BODY COMBAT | BODY PUMP | BODY BALANCE | ZUMBA | | | |
| E2 | 21,00 / 21,30 | HITCYCLING | HITCYCLING | HITCYCLING | | | | |
| E2 | 21,00 / 21,45 | | | | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 21,15 / 21,45 | GAP | BODY COMBAT | BODY PUMP | GAP | | | |

VIVAGYM PLATINO MEJORA TU CUOTA

32'90 €/MES

¡SIN PERMANENCIA!



ENTRENA CON UN/A AMIGO/A DE VIERNES A DOMINGO



PARKING GRATIS



RESERVA CON 48H DE ANTELACION



ACCESO MULTICENTRO + PASAPORTE IBERICO*



ACCESO AL 100% DEL CONTENIDO ONLINE



ACTIVIDADES EXCLUSIVAS



SERVICIO DE NUTRICION



*Acceso permitido a todos los centros Vivagym (España) y Fitness Fit (Portugal), gracias al "Pasaporte Iberico".



| | |
|-----------------|---------------|
| CYCLING LIFE | TONIFICACIÓN |
| CYCLING VIRTUAL | CARDIO |
| COREOGRAFIADAS | CUERPO-MENTE |
| FUNCIONAL | CLASES XPRESS |

- VIVAGYM TIENE TODOS LOS DERECHOS RESERVADOS, Y SE RESERVA
- CUALQUIER MODIFICACIÓN DEL HORARIO POR MOTIVOS EXTERNOS.
- ES OBLIGATORIO TENER DOS TOALLAS PARA ACCEDER A LAS AADD
- NO SE PODRÁ ACCEDER A LA SALA UNA VEZ EMPREZADA LA SESIÓN.

DESCARGA EL HORARIO ESCANEANDO EL CÓDIGO QR



#VIVAGYMSEVILLA

RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL