

HORARIO DE ACTIVIDADES

#VIVAGYMSANTS



INICIO: 10 DE ENERO

| EST | INICIO / FIN | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-----|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| E3 | 07,15 / 08,00 | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 07,15 / 08,00 | BODY PUMP | | | | | | |
| E1 | 07,15 / 07,45 | | | GAP | | | | |
| E1 | 08,15 / 08,45 | | BODY COMBAT | | BODY PUMP | | | |
| E3 | 08,15 / 09,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E3 | 09,15 / 10,00 | CYCLING LIFE | | | | | | |
| E1 | 09,15 / 10,00 | | | GAP | | BODY PUMP | | |
| E3 | 09,30 / 10,15 | | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 09,30 / 10,15 | | PILATES | | | | | |
| E1 | 10,00 / 10,45 | | | | | | BODY PUMP | |
| E3 | 10,00 / 10,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 10,15 / 11,00 | GAP | | PILATES | | BODY COMBAT | | |
| E1 | 10,30 / 11,15 | | BODY PUMP | | ZUMBA | | | |
| E1 | 11,15 / 12,00 | ZUMBA | | BODY PUMP | | VIVA YOGA | | |
| E3 | 11,00 / 11,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL |
| E3 | 13,00 / 13,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 14,15 / 15,00 | BODY PUMP | | VIVA YOGA | | GAP | | |
| E1 | 14,30 / 15,00 | | TBC | | BODY PUMP | | | |
| E3 | 15,00 / 15,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E3 | 16,00 / 16,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E3 | 17,00 / 17,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 17,00 / 17,45 | PILATES | GAP | | BODY PUMP | | | |
| E2 | 17,15 / 17,45 | | | STRETCHING | | | | |
| E1 | 18,00 / 18,45 | GAP | VIVA YOGA | BODY PUMP | ZUMBA | PILATES | | |
| E3 | 18,00 / 18,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 18,00 / 18,45 | | | | VIVA YOGA | | | |
| E2 | 18,15 / 19,00 | | | PILATES | | | | |
| TOS | 18,15 / 18,45 | | VIVAWOOD | | GAP | | | |
| E2 | 18,45 / 19,15 | PILATES | | | | | | |
| TOS | 18,45 / 19,00 | ABS XPRESS | ABS XPRESS | ABS XPRESS | ABS XPRESS | | | |
| E1 | 19,00 / 19,45 | BODY COMBAT | BODY PUMP | ZUMBA | BODY COMBAT | BODY PUMP | | |
| E3 | 19,00 / 19,45 | CYCLING LIFE | | CYCLING LIFE | | | | |
| E2 | 19,00 / 19,45 | | PILATES | | | | | |
| E2 | 19,00 / 19,30 | | | | STRETCHING | | | |
| TOS | 19,15 / 19,45 | VIVAWOOD | | GAP | | | | |
| E3 | 19,15 / 20,00 | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| OUT | 19,15 / 20,00 | | VIVARUN | | | | | |
| E2 | 19,15 / 20,00 | | | VIVA YOGA | | | | |
| TOS | 19,45 / 20,15 | | VIVAWOOD | | VIVAWOOD | | | |
| E1 | 19,45 / 20,30 | | | | | | | |
| E1 | 20,00 / 20,45 | BODY PUMP | VIVA DANCE | BODY COMBAT | BODY PUMP | BODY COMBAT | | |
| E2 | 20,00 / 20,45 | VIVA YOGA | | | | | | |
| E3 | 20,00 / 20,45 | CYCLING LIFE | | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| TOS | 20,00 / 20,15 | ABS XPRESS | ABS XPRESS | ABS XPRESS | ABS XPRESS | | | |
| E3 | 20,15 / 20,45 | | HIT CYCLING | | HIT CYCLING | | | |
| E2 | 20,30 / 21,00 | | GAP | VIVAWOOD | | | | |
| E1 | 21,00 / 21,30 | GAP | BODY COMBAT | BODY PUMP | | | | |
| E3 | 21,15 / 22,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |

VIVAGYM PLATINO MEJORA TU CUOTA

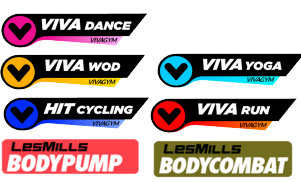
34'90 €/MES

¡SIN PERMANENCIA!

- ENTRENA CON UN/A AMIGO/A DE VIERNES A DOMINGO
- ACCESO MULTICENTRO + PASAPORTE IBERICO*
- RESERVA CON 48H DE ANTELACION
- ACCESO AL 100% DEL CONTENIDO ONLINE
- ACTIVIDADES EXCLUSIVAS
- SERVICIO DE NUTRICIÓN PRÓXIMAMENTE



*Acceso permitido a todos los centros VIVA GYM (España) y Fitness Hub Portugal, gracias al 'Pasaporte Iberico'.



- CYCLING VIRTUAL
- CARDIO
- COREOGRAFIADAS
- CUERPO-MENTE
- FUNCIONAL
- CLASES XPRESS

VIVAGYM TIENE TODOS LOS DERECHOS RESERVADOS, Y SE RESERVA CUALQUIER MODIFICACIÓN DEL HORARIO POR MOTIVOS EXTERNOS.

ES OBLIGATORIO TENER DOS TOALLAS PARA ACCEDER A LAS AADD

NO SE PODRÁ ACCEDER A LA SALA UNA VEZ EMPEZADA LA SESIÓN.

DESCARGA EL HORARIO ESCANEANDO EL CÓDIGO QR



#VIVAGYMSANTS

RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL