

# HORARIO DE ACTIVIDADES

#VIVAGYM MAGORIA



INICIO: 30 AGOSTO

| EST | INICIO / FIN  | LUNES           | MARTES          | MIÉRCOLES       | JUEVES          | VIERNES         | SÁBADO          | DOMINGO         |
|-----|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| E2  | 07,00 / 07,45 | CYCLING VIRTUAL |                 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 |                 |
| E2  | 07,45 / 08,15 |                 | HIT CYCLING     |                 |                 |                 |                 |                 |
| E1  | 07,45 / 08,15 | BODY PUMP       |                 | GAP             | ZUMBA           |                 |                 |                 |
| E2  | 08,00 / 08,45 | CYCLING VIRTUAL |                 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 |                 |
| E1  | 08,30 / 09:00 | PILATES         | ZUMBA           | BODY PUMP       | BODY COMBAT     | BODY PUMP       |                 |                 |
| E2  | 09,00 / 09,45 | CYCLING VIRTUAL | CYCLING VIRTUAL |                 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| TOS | 09,00 / 09,15 | GLUTEO XPRESS   |                 | ABS XPRESS      | GLUTEO XPRESS   |                 |                 |                 |
| E1  | 09,15 / 10,00 | ZUMBA           | BODY PUMP       |                 | VIVAYOGA        |                 |                 |                 |
| E2  | 09,15 / 10,00 |                 |                 | CYCLING LIFE    |                 |                 |                 |                 |
| E2  | 10,00 / 10,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1  | 10,15 / 11,00 |                 |                 |                 | BODY PUMP       |                 | BODY PUMP       |                 |
| E2  | 10,15 / 10,45 |                 |                 |                 |                 | HIT CYCLING     |                 |                 |
| E1  | 10,15 / 10,45 | GAP             | GAP             | PILATES         |                 |                 |                 |                 |
| E1  | 11:00 / 11:30 | BODY COMBAT     |                 |                 |                 | ZUMBA           |                 |                 |
| E1  | 11,00 / 11,45 |                 | VIVAYOGA        |                 |                 |                 |                 |                 |
| E2  | 11,15 / 12,00 |                 |                 |                 |                 |                 | CYCLING LIFE    |                 |
| E2  | 11,00 / 11,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 | CYCLING VIRTUAL |
| E2  | 12,00 / 12,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2  | 13,00 / 13,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2  | 14,00 / 14,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 |                 |
| E1  | 14,15 / 15,00 | BODY PUMP       |                 | ZUMBA           |                 |                 |                 |                 |
| E1  | 14,15 / 14,45 |                 | BODY COMBAT     |                 | BODY PUMP       |                 |                 |                 |
| E2  | 15,00 / 15,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 |                 |
| E2  | 16,00 / 16,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 |                 |
| E2  | 17,00 / 17,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1  | 17,15 / 17,45 | BODY COMBAT     | PILATES         | BODY PUMP       | GAP             | ZUMBA           |                 |                 |
| E2  | 18,00 / 18,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1  | 18,00 / 18,45 | BODY PUMP       | ZUMBA           | VIVAYOGA        | BODY COMBAT     | VIVAYOGA        |                 |                 |
| E2  | 18,45 / 19,15 | HIT CYCLING     |                 | HIT CYCLING     |                 |                 |                 |                 |
| E1  | 19,00 / 19,45 | PILATES         | BODY PUMP       | GAP             | ZUMBA           |                 |                 |                 |
| E1  | 19,00 / 19,30 |                 |                 |                 |                 | BODY PUMP       |                 |                 |
| TOS | 19,00 / 19,30 | VIVAWOD         |                 |                 |                 |                 |                 |                 |
| TOS | 19,30 / 19,45 | GLUTEOS XPRESS  | ABS XPRESS      | ABS XPRESS      | GLUTEOS XPRESS  |                 |                 |                 |
| E2  | 19,45 / 20,30 | CYCLING LIFE    | CYCLING LIFE    | CYCLING LIFE    | CYCLING LIFE    |                 |                 |                 |
| E2  | 19,45 / 20,15 |                 |                 |                 |                 | HIT CYCLING     |                 |                 |
| E1  | 20,00 / 20,45 | GAP             | BODY COMBAT     | ZUMBA           | BODY PUMP       |                 |                 |                 |
| E2  | 20,45 / 21,15 |                 | HIT CYCLING     |                 | HIT CYCLING     |                 |                 |                 |
| E2  | 21,00 / 21,45 | CYCLING VIRTUAL |                 | CYCLING VIRTUAL |                 | CYCLING VIRTUAL |                 |                 |
| E1  | 21,00 / 21,45 | VIVAYOGA        |                 |                 |                 |                 |                 |                 |
| E1  | 21,00 / 21,30 |                 | GAP             | BODY COMBAT     | PILATES         |                 |                 |                 |
| E2  | 22,00 / 22,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |                 |                 |

**NOSOTROS TE DAMOS 30'**  
**TÚ DAS EL 100%**

**NEW**

- Quema más calorías por sesión.
- Optimiza tu tiempo de entrenamiento.
- Trabaja por picos de intensidad.

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DESCARGA EL HORARIO ESCANEANDO EL CÓDIGO QR

VIVAGYM TIENE TODOS LOS DERECHOS RESERVADOS, Y SE RESERVA CUALQUIER MODIFICACIÓN DEL HORARIO POR MOTIVOS EXTERNOS. ES OBLIGATORIO TENER DOS TOALLAS PARA ACCEDER A LAS AADD NO SE PODRÁ ACCEDER A LA SALA UNA VEZ EMPEZADA LA SESIÓN.

#VIVAGYM MAGORIA  
RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL