

HORARIO DE ACTIVIDADES

#VIVAGYMBRUC



HORARIO INICIO: 30 AGOSTO

EST	INICIO / FIN	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
E1	07,00 / 07,45	BODY PUMP	PILATES					
E1	07,00 / 07,30			BODY PUMP				
E2	07,00 / 07,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
E1	07,15 / 07,45				BODY COMBAT	BODY PUMP		
E1	07,45 / 08,15			BODY COMBAT				
E2	08,00 / 08,30		GAP		GAP	BODY COMBAT		
E2	08,00 / 08,45	CYCLING LIFE	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E1	08,45 / 09,15		VIVAWOD					
E1	09,00 / 09,30	PILATES						
E2	09,00 / 09,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	10,00 / 10,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E1	10,00 / 10,45						BODY PUMP	
E1	10,30 / 11,00	VIVAWOD						
E1	11,00 / 11,45		BODY COMBAT		BODY PUMP		BODY COMBAT	
E1	11,00 / 11,30			VIVAWOD				
E2	11,00 / 11,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	12,00 / 12,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	13,00 / 13,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	14,00 / 14,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E1	14,00 / 14,30	BODY PUMP	BODY COMBAT		GAP	BODY PUMP		
E1	14,00 / 14,45			VIVA YOGA				
E2	14,15 / 15,00	CYCLING LIFE	CYCLING LIFE	CYCLING LIFE	CYCLING LIFE	CYCLING VIRTUAL		
E1	14,45 / 15,15	BODY COMBAT	PILATES		BODY COMBAT	BODY COMBAT		
E1	15,00 / 15,30			BODY PUMP				
E2	15,00 / 15,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	16,00 / 16,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	17,00 / 17,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E1	17,30 / 18,00	BODY PUMP				GAP		
E1	18,00 / 18,30		BODY COMBAT	PILATES				
E1	18,00 / 18,45				VIVA YOGA			
E2	18,00 / 18,45	CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	18,30 / 19,00		HIT CYCLING					
E1	18,15 / 18,45	BODY COMBAT				BODY COMBAT		
E1	18,45 / 19,15		GAP	ZUMBA				
E1	19,00 / 19,45	ZUMBA				BODY PUMP		
E1	19,00 / 19,30				BODY COMBAT			
E2	19,00 / 19,30	HIT CYCLING						
E2	19,00 / 19,45			CYCLING LIFE	CYCLING LIFE	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
E2	19,15 / 20,00		CYCLING LIFE					
E1	19,30 / 20,15		VIVA YOGA	BODY PUMP				
E1	19,45 / 20,30				BODY PUMP			
E1	20,00 / 20,30	GAP				PILATES		
E2	20,00 / 20,45	CYCLING LIFE	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
E1	20,30 / 21,00		ZUMBA					
E1	20,30 / 21,15			BODY COMBAT				
E1	20,45 / 21,15	VIVAWOD			GAP			
E2	21,00 / 21,45	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
E1	21,15 / 22,00		BODY PUMP					

VIVAGYM
Platino

ENTRENA CON UN AMIGO/A

¡DE VIERNES
A DOMINGO!



ENCUENTRA
TU EQUILIBRIO
CON VIVAYOGA



#VIVAGYMBRUC

RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL