

HORARIO DE ACTIVIDADES

#VIVAGYMSANTACATALINA



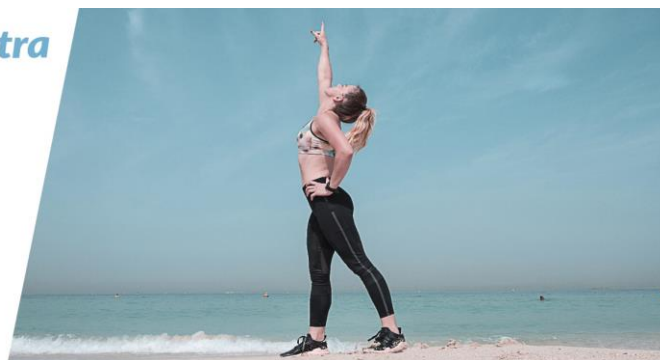
INICIO: 28 JUNIO AL 29 AGOSTO

| EST | INICIO / FIN | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-----|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| E2 | 07,00 / 07,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 08,00 / 08,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 09,00 / 09,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 09,30 / 10,00 | BODY PUMP | PILATES | GAP | PILATES | ZUMBA | | |
| E2 | 10,00 / 10,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 10,15 / 10,45 | STRETCHING | ZUMBA | BODY PUMP | GAP | BODY PUMP | | |
| E1 | 11,00 / 11,30 | | VIVAWOD | | | HIPOPRESIVOS | | |
| E1 | 11,00 / 11,45 | | | | V-YOGA | | | |
| E2 | 11,00 / 11,45 | CYCLING LIFE | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 12,30 / 13,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 13,30 / 14,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 14,30 / 15,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 15,30 / 16,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 16,30 / 17,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 17,00 / 17,30 | BODY PUMP | GAP | PILATES | HIPOPRESIVOS | STRETCHING | | |
| E2 | 17,30 / 18,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | |
| E1 | 17,45 / 18,15 | ZUMBA | STRETCHING | ZUMBA | GAP | BODY PUMP | | |
| E1 | 18,30 / 19,00 | PILATES | | V-YOGA 45 | | PILATES | | |
| E2 | 18,30 / 19,15 | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING LIFE | CYCLING VIRTUAL | CYCLING VIRTUAL | |
| E1 | 19,15 / 19,45 | V-YOGA 45 | | | | VIVAWOD | | |
| E1 | 19,30 / 20,00 | | PILATES | BODY PUMP | PILATES | | | |
| E2 | 19,30 / 20,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | |
| E2 | 20,30 / 21,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 21,30 / 22,15 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |

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- > VIVAGYM TIENE TODOS LOS DERECHOS RESERVADOS, Y SE RESERVA
- > CUALQUIER MODIFICACIÓN DEL HORARIO POR MOTIVOS EXTERNOS.
- > ES OBLIGATORIO TENER DOS TOALLAS PARA ACCEDER A LAS AADD
- > NO SE PODRÁ ACCEDER A LA SALA UNA VEZ EMPEZADA LA SESIÓN.

| | |
|-----------------|--------------|
| CYCLING LIFE | TONIFICACIÓN |
| CYCLING VIRTUAL | CARDIO |
| COREOGRAFIADAS | CUERPO-MENTE |
| FUNCIONAL | XPRESS |

#VIVAGYMSANTACATALINA

RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL