

HORARIO DE ACTIVIDADES

#VIVAGYMFUENLABRADA



HORARIO A PARTIR DEL 26 DE JULIO

| EST | INICIO / FIN | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-----|---------------|-----------------|-----------------|------------------|-----------------|-----------------|-----------------|-----------------|
| E2 | 07,00 / 07,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E2 | 08,00 / 08,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 09,00 / 09,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 09,30 / 10,00 | BODY PUMP | PILATES | ZUMBA | BODY PUMP | BODY COMBAT | | |
| TOS | 10,00 / 10,15 | | | | | | | |
| E2 | 10,00 / 10,45 | | | | | | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 10,15 / 10,45 | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | | | | |
| E1 | 10,15 / 10,45 | | | | | GAP | | |
| E1 | 10,30 / 11,00 | | | | BODY BALANCE | | | |
| E2 | 11,00 / 11,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 11,00 / 11,30 | ZUMBA | BODY COMBAT | BODY PUMP | | | | |
| E1 | 11,30 / 12,00 | | | | | | | |
| E2 | 12,00 / 12,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | CYCLING VIRTUAL |
| E2 | 12,15 / 12,45 | | | | | | | |
| E1 | 12,30 / 13,00 | | | | | | | |
| E2 | 12,30 / 13,00 | | | | | | | |
| E2 | 13,00 / 13,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | CYCLING VIRTUAL |
| E2 | 13,00 / 13,30 | | | | | | | |
| E1 | 14,00 / 14,30 | | | | | | | |
| E2 | 14,00 / 14,30 | | | | | | | |
| E2 | 15,00 / 15,45 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 16,30 / 17,00 | | | | | | | |
| E2 | 17,15 / 18,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 17,30 / 18,00 | BODY PUMP | PILATES | | | | | |
| E2 | 18,15 / 18,45 | CYCLING LIFE | CYCLING LIFE | CYCLING LIFE | | | | |
| E2 | 18,15 / 19,00 | | | | | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E1 | 18,15 / 18,45 | | | | | BODY PUMP | | |
| E1 | 18,30 / 19,00 | ZUMBA | BODY PUMP | | BODY COMBAT | | | |
| TOS | 19,00 / 19,15 | | | | | | | |
| E2 | 19,00 / 19,30 | | | | | CYCLING LIFE | | |
| E2 | 19,15 / 20,00 | | | | | | CYCLING VIRTUAL | CYCLING VIRTUAL |
| E2 | 19,15 / 19,45 | CYCLING LIFE | CYCLING LIFE | | CYCLING LIFE | | | |
| E2 | 19,15 / 20,00 | | | CYCLING LIFE 45' | | | | |
| E1 | 19,30 / 20,00 | BODY BALANCE | BODY COMBAT | BODY PUMP | ZUMBA | | | |
| E2 | 19,45 / 20,15 | | | | | | | |
| TOS | 20,15 / 20,30 | | | | | | | |
| E2 | 20,15 / 20,45 | CYCLING VIRTUAL | | | CYCLING VIRTUAL | | | |
| E1 | 20,30 / 21,00 | | | BODY COMBAT | GAP | | | |
| E2 | 21,15 / 22,00 | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | CYCLING VIRTUAL | | |
| E1 | 21,15 / 21,45 | | | | | | | |



➤ VIVAGYM TIENE TODOS LOS DERECHOS RESERVADOS, Y SE RESERVA CUALQUIER MODIFICACIÓN DEL HORARIO POR MOTIVOS EXTERNOS.
➤ NO SE PODRÁ ACCEDER A LA SALA UNA VEZ INICIADA LA SESIÓN.

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|-----------------|--------------|
| CYCLING LIFE | TONIFICACIÓN |
| CYCLING VIRTUAL | CARDIO |
| COREOGRAFIADAS | CUERPO-MENTE |
| FUNCIONAL | ABDOMINALES |

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RESERVA TU PLAZA DESDE EL ÁREA DE CLIENTE-WEB EN WWW.VIVAGYM.ES O TU APP MÓVIL